

Case Report

Cardiac rehabilitation in a patient with MVR & AVR & tricuspid valve repair

abstract

Patient is a 24 year old male with valvular heart disease, severe mitral & aortic & tricuspid valve stenosis and regurgitation. After MVR & AVR & tricuspid surgical repair, he has undergone cardiac rehabilitation for 8 weeks (24 sittings). After completion of a cardiac rehabilitation, review of cardiovascular tests showed obvious improvement in the functional capacity, blood pressure and heart rate. Physically and mentally patient feels very comfortable and hopeful of a good healthy life.

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