The necessity of producing / normalizing adaptive behavior scales in diagnosing; training; treatment; rehabilitation of people and assessment of the programs

abstract

Adaptive behavior is defined as the manner in which people cope with the natural and social demands of their environments. Impairments in adaptive behavior are described as significant limitations in an individual's effectiveness in meeting the standards of maturation, learning, personal independence, and/or social responsibility that are expected for one's age level and cultural group, as determined by clinical assessment, and usually, standardized scales.

The definition of adaptive deficiencies imply an individual's ability to cope with demands of his or her environment. Some scholars support this notion when describing adaptive behavior's relationship to mental retardation.

Despite the fact that adaptive behavior scales are the necessary tools in diagnosing; training; treatment; Rehabilitation of people (particularly with developmental disorders) and the assessment of programs, those are not available to professionals. This article tries to explain the necessity of producing/normalizing such scales, and introduces one of the most famous scales named as "Adaptive Behavior Scale-Residential and Community."

Key words : Adaptive / Scale / Behavior / Residential / Community

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